



STEPPIN' OUT

THE ARTS, ENTERTAINMENT & EMPOWERMENT GUIDE OF THE GULF COAST

AUGUST 2015 • Volume 15:Issue 01

INSIDE...

COVER STORY **05**
Sister II Sister



THE ARTS **09**
Cultural Explosion



SPORTS **16**
2015 Football Schedule



Jams Plus Media Reviews..... 12

Events Calendar..... 19

Passings..... 21

Laughter..... 23



SISTER Sister



ABOUT STEPPIN' OUT...

STEPPIN' OUT is a subsidiary of LEGACY 166 Inc., a non-profit organization with a Mission to provide Educational, Career, and Economic opportunities for Youth and the Underserved of Diverse Cultures; make available Cultural Activities for community participation; and deliver Quality of Life Skills Training through the Arts and Community Collaborations.

STEPPIN' OUT provides quality of life information to the community each month at no cost to the reader. Even though STEPPIN' OUT is not a "hard news" publication, the columns submitted by our contributors touch on subjects that address a wide range of community and cultural issues. Regular features include articles on health, history, entertainment, and finance. Articles on fashion, literature, and technology are some of the subjects that are occasionally featured.

STEPPIN' OUT and LEGACY 166 Inc. will continue to expand their roles in the community by offering internships and career training, and youth development and work opportunities. Volunteers are always needed with this mission.

Publisher Greg Cyprian

STEPPIN' OUT welcomes your comments and suggestions regarding this publication.

For information on advertising, to comment on subject matter, or to volunteer your services, please contact us at:

STEPPIN' OUT
PO BOX 6781
Mobile AL 36660
(251) 533-5726

STEPPIN' OUT reserves the right to refuse any advertisement it deems inappropriate for our readers or that does not meet the publications standard of quality.

VISIT US ONLINE...
steppinoutmobile.com

-and-

E-MAIL US...
steppinoutnews@aol.com

CONTRIBUTORS...



Arthur Mack
Featured Article:
THINKING OUTSIDE
OF THE BOX



Destinee Bolden
Featured Article:
FASHION HOT SPOT



Florence
Featured Article:
ASK FLO



Foodie and Friend
Featured Article:
FOODIE FINDS



Joanie Stiff-Love
Featured Article:
AFTER HOURS



Lisa Johnson
Featured Article:
EXPRESSIONS



Memphis Vaughan Jr
Featured Article:
TAKING MOBILE TO
THE NEXT LEVEL



Nathaniel Patterson
Featured Article:
MARKETING YOUR
WAY TO SUCCESS



Tanene Jackson
Featured Article:
TRANSITIONING BASICS

DISCLAIMER: The views expressed by the contributors in STEPPIN' OUT are those of the columnist and do not necessarily represent the views of STEPPIN' OUT, its advertisers, LEGACY 166, or its Board of Directors. The contributors in this publication are free to express their own opinions. Nothing in these columns should be construed as STEPPIN' OUT, its advertisers, LEGACY 166, or its Board of Directors supporting or opposing any specific view.

REFLECTIONS

A friend asked a gentleman how it is that he never married. Replied the gentleman, "Well, I guess I just never met the right woman ... I guess I've been looking for the perfect girl." "Oh, come on now," said the friend, "Surely you have met at least one girl that you wanted to marry." "Yes, there was one girl ...once. I guess she was the one perfect girl...the only perfect girl I really ever met. She was just the right everything... I really mean that she was the perfect girl for me." "Well, why didn't you marry her," asked the friend. He said, "She was looking for the perfect man!!!"



Are You Looking to **RAISE FUNDS**
for Your Organization?

**PARTNER WITH LEGACY 166...
RAISE FUNDS**

and be **ENTERTAINED**
at the Same Time

Call Us...
WE'LL TELL YOU HOW!
(251) 533-5726



Reserve the Day, Bring Plenty of Business Cards and Plan to Make Hundreds of Contacts as the Mobile Area Chamber of Commerce presents

2015 Business EXPO

The Mobile area's largest business-to-business trade show.

Thursday, August 27
Arthur R. Outlaw
Mobile Convention Center

Expo Luncheon

Featuring 2015 Mobile Area Chamber
Outstanding Entrepreneur Ralph A. Hargrove

11:30 a.m. to 1 p.m.

Reservations required by calling 251-431-8607
or visit events.mobilechamber.com

Cost: \$35 members/\$45 non-members

Sponsored by:



Expo

Noon to 5 p.m.

\$5 General Admission

Presented by:



BlueCross BlueShield
of Alabama

Sponsored by:

Army Aviation Center Federal Credit Union • BayView Professional Associates
BIS Technology Group • BugMaster • C Spire • Comcast Business • Dean McCrary Imports
Hunter Limousines LLC • Infirmary Occupational Health PC • McAleer's Office Furniture
New Horizons Credit Union • SouthTel Voice & Data

Media Sponsors:

Lagniappe • Lamar Advertising Co. of Mobile • Office Solutions & Innovations
WAVH FM Talk 106.5 • WKRG-TV New 5 / CW 55

Visit mobilechamber.com/calendar or call 251-431-8649


BISHOP
STATE

A Great Place To **Start**™

EST. 1927

At Bishop State you'll find a
multitude of programs to
help you sort through your
interests and career options
– it's a great place to **start**.

CALL: 251.405.7000
or 800.523.7235

CLICK: www.bishop.edu

CAMPUSES:

Main, Baker-Gaines Central,
Southwest, Carver



Fall Registration
AUGUST 12-13

© 2015 Bishop State

by Destinee Bolden



Fashion hot spot

Metal Crush City

Bold colors meet intense pigment with Kat Von D's new metal crush eye-shadow collection. The full assortment of shadows will not be launched until the holiday season; however she does currently have 11 exclusive shades available at Sephora stores and Sephora online. It's a miracle how Kat is able to produce one masterpiece after another, the greatness never stops. Like a true artist, she doesn't aim to do ordinary things. As if anything she creates is ever subpar. As the time goes on she only gets better.

The metal crush collection consists of nothing but sparkle and shine. It wouldn't be a metal crush if mattes were on the menu. There's an evenly amount of warm tones and cool tones distributed, 4 warm tones and 6 cool tones. No skin-tone is left behind. The one of a kind shades are Raw Power, Thrasher, Iggy, Static Age, Thunderstruck, Paranoid, Danzig, Electric Warrior, Synergy, and Black No.1. Raw Powder will probably be the most popular color because people live for a warm and wearable red; Raw Powder is not your average red eye-shadow. It's unique and freshly picked from the pigments. These eye shadows are \$21 a pop but they are more than worth it, the pigmentation is like no other. No other eye shadow will supply one touch pigmentation quite like these metal crush eye shadows. Palettes are convenient for a large variety but these also have their own set of pros with the single eye shadows, you'll be sure to get a bunch of bang for your buck. Especially if you have a signature eye look that you go. The pans they come in are also exceptionally large; it will take forever to finish up one eye shadow. It's not your standard 1oz eye shadow. Kat goes above and beyond with the size of these shadows. ❖



AFTER HOURS



JOANIE STIFF-LOVE

A graduate of Birmingham-Southern College, Stiff-Love currently works for the City of Mobile and is active in Community Theater in the Mobile area. She loves all things southern, food, and the arts.

Send article suggestions to joanie.3564@yahoo.com.

We start August with cool Jazz and Da Gents of Jazz at the Helena II Ballroom on St. Stephens Road. Join the gents as they celebrate some birthdays on August 2. For more information, including tickets, contact 215-767-4560

If you can't stand the heat, go to the kitchen, Soul Kitchen that is. Their August line up starts with GlowRage on the 1st, with doors opening at 9 p.m. and show starting at 9:30. On the 15th, The Stolen Faces appear, showtime 10 p.m., followed on the 16th by The Boxmasters, showtime 8 p.m. Rounding out the month on the 29th is the ever popular '80's cover band, The Molly Ringwalds, showtime 11 p.m. For more info, go to their website, www.soulkitchenmobile.com

For three weekends in a row, Joe Jefferson Players brings us the bawdy musical, Avenue Q, which explores LOTS of topics between people and puppets. Funny and engaging, the show runs Aug. 7-9, 14-16, and 21-23. For more info, go to their website, www.joejeffersonplayers.com.

Mobile Theater Guild brings us the fast paced, hilarious look at the mind boggling thing we know as American History. Packing the past 200 or so years into 90 minutes with only a 3 man cast, The Complete History of American (Abridged) is everything History Rock from the '70's couldn't be. For more info, go to their website, www.mobiletheaterguild.org.

The Saenger has quite the line up for August, from movies to music. Here's what's on the calendar so far, Singing in the Rain with Gene Kelly on Aug. 2; Floetry, the English R&B duo of Marsha Ambrosius and Natalie Stewart, Aug. 4; Roman Street and the Mulligan Brothers, Aug. 6; A Streetcar Named Desire with Marlon Brando, Aug. 9; The Wizard of Oz with Judy Garland, Aug. 16; John Hiatt & the Combo and the Taj Mahal Trio, Aug. 22; and on Aug. 29, Todd Rundgren. For more info on this, go to www.mobilesaenger.com

You can still enjoy big band in August, just get to the Blue Gill early on the 18th, around 5 p.m. because the Mobile Big Band drops the first down beat at 6:30. Sit out on their big back deck overlooking the water, and soak in the music and atmosphere of the Mobile Delta. For more info, go to www.bluegillrestaurant.com.

**ARE YOU STARTING A BUSINESS OR
LOOKING TO INCREASE FOOT TRAFFIC?
ADVERTISE YOUR BUSINESS IN STEPPIN' OUT
FOR AS LITTLE AS \$25 PER MONTH!
INVEST IN YOUR BUSINESS...
ADVERTISE IN STEPPIN' OUT
251-533-5726**

Sister II Sister Returns

Sister II Sister, a women's expo, returns with a full day of events for women to escape from their normal routines; explore their own personal styles; pamper themselves; empower themselves; and enjoy life without responsibility. Sister to Sister is an event where women promote women.

Attendees are able to shop, sample products and services, and speak directly to experts in various industries. There will be over 100 vendors at this year's expo... including empowering women seminars, a legal expert seminar, a financial planning seminar... all catered to women. A children's corner will also be on site where kids can play.

The event is sponsored by the Cumulus family of radio stations; WABD, WBLX, WDLT, and WGOK. For more information visit any of the stations' websites or call 251-652-2028. ♣



SEPTEMBER 19, 2015
9 AM — 6 PM
Mobile Civic Center
ADMISSION IS FREE

LOCAL FLAVA

MOBILE LIBRARY NEWS

FOREIGN FILM FESTIVAL—Saturdays at 2 p.m.; Bernheim Hall at the Ben May Main Library, 701 Government Street. Please join us for the annual Mobile Public Library Foreign Film Festival. The films will be shown with English subtitles. For more information please call 208-7097. Dates and titles are as follows:

AUGUST 01— THE LUNCHBOX (2013 Indian Drama/Romance)

A mistaken delivery in Mumbai's famously efficient lunchbox delivery system connects a young housewife to an older man in the dusk of his life as they build a fantasy world together through notes in the lunchbox.
(104 minutes; rated PG for thematic material and smoking)

AUGUST 08—LEVIATHAN (2014 Russian Drama)

On the outskirts of a small coastal town in the Barents Sea, where whales sometimes come to its bay, lives an ordinary family: Kolya, his wife Lilya and their teenage son Romka. The family is haunted by a local corrupted mayor, who is trying to take away the land, a house and a small auto repair shop from Kolya
(140 minutes; rated R for language and some sexuality/graphic nudity)

AUGUST 15—WILD TALES (2014 Argentinean Comedy/Drama/Thriller)

The film consists of six short stories involving distressed people.
(122 minutes; rated R for violence, language and brief sexuality)

SUMMER MOVIES WITH MR. BUTCH—Thursday, August 6, 1:30 p.m., Moorer/Spring Hill Branch, 4 South McGregor Ave. Island at the Top of the World-A concerned group of explorers travel to the Arctic Circle in 1908 to explore the uncharted wastes of the North Pole. The film runs 95 minutes and is rated G. For more information, please call 470-7770 or email ftigner@mplonline.org.

PIZZA & A MOVIE TEEN BOOK CLUB—Thursday, August 6, 4 p.m., Moorer/Spring Hill Branch, 4 South McGregor Ave. Enjoy some pizza while watching the movie, Hunger Games; Catching Fire. Following the film showing, we will discuss the book written by Suzanne Collins. For more information, please call 470-7770 or email eenglish@mplonline.org.

EXTRAVAGANT READERS BOOK CLUB—Saturday, August 8, 3 p.m., Toulminville Branch, 601 Stanton Rd. Topics of discussion are The Pocket Wife by Susan Crawford and Pompeii by Robert Harris. For more information, please call 438-7075.

FAMILY FEATURE FILM—Monday, August 10, 5:30 p.m., Toulminville Branch, 601 Stanton Rd. The BoxTrolls-Subterranean trolls raise an orphaned boy, who helps them fight back against an evil exterminator and make peace with the fearful residents of an upper-crust Victorian-era town known for its world-class cheeses. The film runs 100 minutes and is rated PG. For more information, please call 438-7075.

A PAGE IN TIME—Tuesday, August 11, 6:30 p.m., West Regional Branch, 5555 Grelot Rd. If you love Historical Fiction this book club is for you. This month's topic of discussion is The House at Tyneford by Natasha Solomons. For more information, please call Michele at 340-8561.

EBONY MOMENTS BOOK CLUB—Thursday, August 13, 6 p.m., West Regional Branch, 5555 Grelot Rd. Ebony Moments is a book discussion designed to increase the awareness of African-American authors, both past and present, and to promote the love of reading for all. This month's topic of discussion is One Night by Eric Jerome Dickey. For more information, contact Betty Kidd at 470-7766.

SATURDAY MATINEE—Saturday August 15, 2 p.m., Saraland Public Library, 111 Saraland Loop. Paul Blart Mall Cop 2-Paul Blart and his daughter Maya are in Las Vegas for a security-guard expo when a band of menacing art thieves attempts a daring heist. The film runs 94 minutes and is rated PG. For more information, please call 675-2879.

POETRY ENTHUSIASTS—Monday, August 17, 6 - 7:45 p.m., Toulminville Branch, 601 Stanton Rd. Join members of Spoken Word of Mobile for an evening of poetry readings. Students and adults are encouraged to share readings of their own works or works from their favorite poets. For more information, call 438-7075.

BOOK CLUB - THE READER'S CHOICE—Tuesday, August 18, 1:00 p.m., West Regional Branch, 5555 Grelot Rd. Join us every third Tuesday for some lively book discussions and tips on what's hot and what's not in the world of books. This month's topic of discussion is Epitaph: A Novel of the O. K. Corral by Mary Doria Russell. For more information, please call 208-7097.

MATINEE @ THE MAIN—Thursday, August 20, 1 p.m., Bernheim Hall at the Ben May Main Library, 701 Government Street. Whiplash-Andrew Neyman is an ambitious young jazz drummer, single-minded in his pursuit to rise to the top of his elite east coast music conservatory. The film runs 105 minutes and is rated R for strong language including some sexual references. For more information, call 208-7097.

BAYSIDE BOOK CLUB—Thursday, August 20, 6 p.m., Parkway Branch, 1924-B Dauphin Island Parkway. This month's topic of discussion is Far from the Madding Crowd by Thomas Hardy. For more information, please call Betty Fowler at 476-2600 or 208-7097.

CLASSICS REVISITED BOOK CLUB—Monday, August 31, 6:30 p.m., Ben May Main Library, 701 Government Street. Join us the last Monday of the month for some lively book discussions on some of our favorite classics. This month's topic of discussion is Love in the Time of Cholera by Garcia Marquez. For more information, please call 208-7902.

For information on these and other events, visit our web site at www.mplonline.org.

PRICHARD LIBRARY NEWS

FRIDAY VIDEOS • 12:00-1:00 PM • AGES 3-13 YEARS OLD

AUGUST 07—*First Day of School*

In the beginning, little Cindy is just a bit worried. But before long, she discovers that she's enjoying her first day at school!

AUGUST 14—*"Little Engine That Could"*

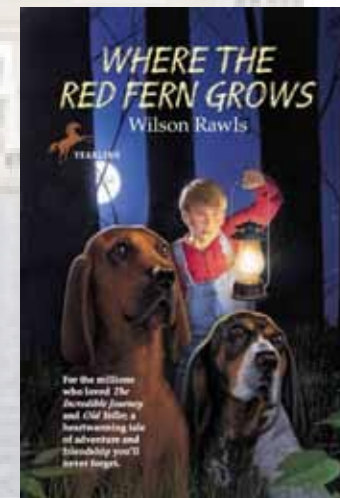
Climb aboard as toys and trains magically come to life in the enchanting, animated film of this heartwarming classic! I think I can, I think I can

AUGUST 21—*Where the Red Fern Grows*

This is a heartwarming tale of a young boy whose hard work and determination help him to realize a dream and endure heartbreak.

AUGUST 28—*Shelley Duvall's Bedtime Stories*

These beautifully produced storybook gems will enchant an entertain kids and parents alike at bedtime or anytime! ♣



TRANSITIONING BASICS

Tanene Jackson—Owner of Locs of Soul (www.locsofsoul.com), a natural hair salon and barber shop in Mobile, Al. She is also the organizer to the Mobile Natural Hair and Wellness Expo. You can be reach Tanene via Facebook... Locs of Soul and/or email... curiosity4_u@yahoo.com.

Diet, Nutrition and Your Hair

It is well known that proper nutrition is the key to being healthy. Without proper nutrition, humans would suffer from a multitude of illnesses. Proper nutrition begins with the basic elements of water, vitamins, and minerals, as well as proper exercise.

The value of a diet enriched with nutritional value that the body need is by far the key element to a strong, healthy head of hair, as well as a functional body.

There are a plethora of foods in the world that can provide the body the essential Omega 3 and 6, vitamins A, E, F, K, C, D, B6, B12 complex, bioflavonoids, biotin, folic acid, pantothenic acid, cysteine, choline, niacin, and paba.

FOODS THAT ENCOURAGE STRONG, HEALTHY HAIR:

- MINERALS – calcium, copper, fluorine, iron, magnesium, phosphorous, beta, carotene, potassium, selenium, silica, sodium, sulfur, and zinc.
- GRAINS, NUTS, AND SEEDS – alfalfa, almonds, brown rice and cereals, flaxseeds, oat bran, pumpkin seeds, sesame seed, soy beans and soy products, sunflower seeds, wheat bran, wheat germ and cereal.
- FRUITS – apples, lemons, bananas, cranberries, cherries, dates, figs, prunes, grapefruit, red grapes, plums, papayas, pears, peaches, melons, mangoes, tangerines, oranges, cherries, and berries.

These foods not only help with the growing of healthy, strong hair, but also render the body to function properly, while providing stamina and energy.

Obtaining proper nutrition is a matter of budget in this economy. However, it does not matter whether you have a lot of money or not. Whole foods (foods that are not altered for appearance enhancement or processed) can be obtainable from places like a local co-op, grocery store, garden (personal garden), and / or farmers market. Eating and drinking water is essential to overall health.

INTERNAL AND EXTERNAL SOURCES FOR HAIR ARE:

- OIL –adds luster, pliability, and protection
- MOISTURE – keeps hair supple, soft, and hydrated
- VITAMINS AND MINERALS – nourish and fortify
- PROTEIN- restores and strengthens

Hair follicles get their nourishment via the papilla. A tube-like passage for the hair shaft located at the very bottom of each hair follicle. The papilla is a small blood vessel that feeds the bulb. Through the papilla, the supply of nourishment reaches the root and the bulb of the hair shaft. The scalp and hair receive nourishment from the blood stream. Therefore, blood circulation is vital to the movement of nourishment being obtained to the scalp and hair. ❖



Tanene Jackson
LOCS OF SOUL

60th Wedding Anniversary Celebration

JUNE 18, 2015



Joe and Gwen started school together in first grade at Most Pure Heart of Mary Elementary School and graduated together in 1955. They wed the day after Gwen's 19th birthday. Soon after graduation, they moved to California while Joe served in the United States Air Force in their military band. After the military, Joe, along with his brothers, formed the Lewis Brothers LTD and various incarnations of the Lewis Brothers band. He performed with the Excelsior Band during Mobile Mardi Gras for years; and still performs and teaches music around Mobile and Baldwin County, which has led to him being known as the "Jazzman of Mobile." Gwen, while supporting Joe's musically endeavors, is very gifted in her own right. Gwen was the first African-American female Postmaster at Citronelle, Alabama. She has also been very active in her participation with the Kosmos Social Club, the Ladies Auxiliary of the Knights of St. Peter Claver, and the Drexel Society. They are 50+ year members of St. James Major Catholic Church, with Joe serving as the Music Minister for the past 25+ years and Gwen a choir member. The Lewis' have 5 children: Anthony Lewis of Mobile, Robert (Alice) Lewis of Montana, Bryan (Maria) Lewis of Georgia, Clifford (Robin) Lewis of Virginia, and Kimberly (Kieron) Buford of Virginia; 17 grandchildren, 5 great-grandchildren, siblings, cousins and friends.

All of us Wish Joe & Gwen a Wonderful Happy 60th Anniversary!



Reading & Theatre Series



The Tortoise & The Hare...The Musical

SEPTEMBER 18: School Field Trip • **SEPTEMBER 19:** General Public/Groups

Aesop's fable gets a fun updated twist in this musical with audience participation. Bunni Hare wins every race, so how will Thomas Tortoise compete? The famous sports reporter Howard Crow-sel will be there to call the "play by play" in this fantastic fable with an ANTI-BULLYING message.
LITERATURE • THEATRE • MUSIC • AUDIENCE PARTICIPATION • CHARACTER EDUCATION —GRADES K-5



Our America

MARCH 25: School Field Trip • **MARCH 26:** General Public/Groups

Multi-Cultural folktales & folksongs from the American experience are brought to life by Tall Tale heroes Mike Fink & Sally Ann Thunder Ann Whirlwind Crockett. Included are stories from Asian-American, Latin-American, & Native-American cultures, along with the history of the Underground Railroad bringing freedom to enslaved African-Americans.
LITERATURE • THEATRE • MUSIC • AUDIENCE PARTICIPATION • CHARACTER EDUCATION • HISTORY —GRADES K-5

Reservations Required for Schools and Groups of 10 or more; Student Discounts Available.

FOR MORE INFORMATION CALL: 251.533.5726 -or- EMAIL: LEGACYCENTER166@AOL.COM



One Noble Journey: The Story of Henry "Box" Brown

JANUARY 15: School Field Trip • **JANUARY 16:** General Public/Groups



Henry "Box" Brown was born into slavery in 1816 in Virginia. He devised an ingenious escape plan - sealing himself in a wooden box for shipment to friends and freedom in Philadelphia. One Noble Journey also recounts the daring and miraculous quest for freedom of William and Elizabeth Craft. She disguised herself as a sickly, white gentleman traveling for medical treatment while he acted as her slave bravely traveling on trains and steamers to Philadelphia.

THEATRE • AUDIENCE PARTICIPATION • CHARACTER EDUCATION • HISTORY — 4TH GRADE TO ADULTS

DAR HE: The Lynching of Emmitt Till

FEBRUARY 26: School Field Trip • **FEBRUARY 27:** General Public/Groups



In 1955, a 14-year-old black Chicago youth traveled to the Mississippi Delta with country kinfolk and southern cooking on his mind. He walked off the train and into a world he could never understand — a world of thick color lines, hard-held class systems and unspeakable taboos. Performance by actor **Mike Wiley**.
THEATRE • AUDIENCE PARTICIPATION • HISTORY
— 8TH GRADE TO ADULTS

Queen Bess: The Story of Bessie Coleman

MARCH 25: School Field Trip • **MARCH 26:** General Public/Groups



Born to sharecroppers, Bessie Coleman heard stories from pilots returning home from World War 1 about flying during the war. She learned to fly in a biplane and became the first woman to earn an international aviation license and the first woman of African-American descent to earn an aviation pilot's license, in 1921. She became a Barnstormer (Stunt Pilot) and quickly gained a reputation as a skilled and daring pilot who would stop at nothing to complete a difficult stunt.
LITERATURE • THEATRE • CHARACTER EDUCATION • HISTORY — 4TH GRADE TO ADULTS

The True Story of Huey P. Newton: Revolutionary, Political Activist, PhD

JUNE 18: General Public/Groups

Huey P. Newton, co-founder of the Black Panther Party, endured jail, police harassment, and drug addiction while serving as Minister of Defense of the Party. While many know the story of Newton and the Party's armed resistance during that turbulent period, few know the story of the programs introduced



by the panthers to feed, clothe, educate, and provide healthcare services to their community. A riveting, must-see story as told through the performance of actor **Alton Landry**.
THEATRE • CHARACTER EDUCATION HISTORY
— 11TH GRADE TO ADULTS



Reservations Required for Schools and Groups of 10 or more; Student Discounts Available.

FOR MORE INFORMATION CALL: 251.533.5726 -or- EMAIL: LEGACYCENTER166@AOL.COM

TAKING MOBILE TO THE NEXT LEVEL



MEMPHIS VAUGHAN JR.

A native Mobilian and editor of literary website, TimBookTu.com

Feedback can be sent to: mempv57@gmail.com

The Next Big Thing

As I start the second year of writing this column for STEPPIN' OUT, I want to thank the publisher, Greg Cyprian, for the opportunity to express my thoughts on topics related to improving Mobile. I hope that what I've written has prodded you into thinking more about Mobile and the things that can be done to enhance the quality of life in the city. As I've written before, it will take involvement by all facets of the community to improve the city.

On my travels around the country, I try to observe what's happening in those places to determine what make those cities tick. There are often a multitude of things that drive their energy and growth. It's usually a combination of a few big things and a lot of small things that create the synergy that makes many cities great.

We always seem to be in the waiting mode for the next big thing to happen in Mobile. Maybe it's not even the "next" big thing but the "first" big thing. I doubt that a Disney World-type big thing is going to happen anytime soon. We can strive for some lesser big things (if that makes any sense) that will help add to the flavor and growth of Mobile.

Perhaps, it may be comparable to how the Robert Trent Jones Golf Trail, developed by the Retirement System of Alabama (RSA), enhanced tourism in the state of Alabama. In addition to the golf trail, RSA has played a significant role in restoring and developing buildings in Mobile as well as other Alabama cities. Our skyline is populated with buildings that have gotten new life under the auspices of RSA. I feel RSA's investment in downtown has been a big thing. The industrial successes in recent years have been big things, too.

For those who don't believe there's anything happening in downtown and midtown Mobile, here are a few that eventually add up to a big thing as they help change the landscape of the city...

- Two new hotels: Hilton Garden Inn across from Bienville Square and hotel on South Royal Street in Fort Conde
- The renovation of the Buick building on St. Louis Street. – Business and Retail
- 951 Government Street Building – Residential
- Russell School on S. Broad Street – Residential
- Old Shell Road School – Residential
- New Federal Courthouse on St. Joseph Street
- Refurbished Admiral Semmes Hotel
- Refurbished Van Antwerp Building
- GulfQuest Maritime Museum – Opening in September

It would be great to have the "next big thing" happen soon in the city. It could be something on the scope of the Urban Village project where the Civic Center stands that I mentioned in my March 2015 article or a broad plan to develop the riverfront that I discussed in the October 2014 article. Share your ideas for the "next big thing" for Mobile and I'll mention them in a future article. ♣

HEAR MOBILE
South Coast Smooth Jazz
www.hearmobile.net

Kari Hill Rolando Cobb

Da Gents Of Jazz
Birthday Celebrations

Kyle Turner Darrell Lavigne Cashmere Williams Paul Rogers

Helena II Ballroom
1568 St. Stephens Rd. Mobile, AL

SUNDAY, AUG. 02, 2015
Pre-Show - Da Band 6pm-7pm
Performances Begin @ 7pm

B.Y.O.B. - B.Y.O.F.
No Coolers, No Chasers
For more info call 251-767-4560

Table Of Ten - \$250
Adv. Tickets \$25
At Door - \$30

INJURED?
GET MOORE

Moore Law Firm

Your LOCAL Injury Lawyers Since 1985

251-445-4444

Trusted by Over 10,000
Injury Victims

No representation is made that the quality of legal services to be performed is greater than the quality of legal services provided by other lawyers.

INSIDE EDUCATION

WITH MOBILE COUNTY PUBLIC SCHOOLS



Written by...
MARCIE MCNEAL
 DIGITAL MEDIA SUPERVISOR
 Office of Communications
Mobile County Public School System



Mobile County Public Schools 2015-16 SCHOOL YEAR CALENDAR

Board Approved 2-23-15

Month	Key Dates	Calendar Grid	Notes																																																	
JULY 2015	2 Independence Day observed (Systemwide Holiday)	<table border="1"> <tr><th>S</th><th>M</th><th>T</th><th>W</th><th>Th</th><th>F</th><th>S</th></tr> <tr><td></td><td></td><td></td><td>1</td><td>2</td><td>3</td><td>4</td></tr> <tr><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td></tr> <tr><td>12</td><td>13</td><td>14</td><td>15</td><td>16</td><td>17</td><td>18</td></tr> <tr><td>19</td><td>20</td><td>21</td><td>22</td><td>23</td><td>24</td><td>25</td></tr> <tr><td>26</td><td>27</td><td>28</td><td>29</td><td>30</td><td>31</td><td></td></tr> </table>	S	M	T	W	Th	F	S				1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31									
S	M	T	W	Th	F	S																																														
			1	2	3	4																																														
5	6	7	8	9	10	11																																														
12	13	14	15	16	17	18																																														
19	20	21	22	23	24	25																																														
26	27	28	29	30	31																																															
JANUARY 2016	1 New Year's Day (Systemwide Holiday) 4 Professional Development 5 3 rd Quarter/ 2 nd Semester Begins 18 MLK Jr. Day (Systemwide Holiday)	<table border="1"> <tr><th>S</th><th>M</th><th>T</th><th>W</th><th>Th</th><th>F</th><th>S</th></tr> <tr><td></td><td></td><td></td><td></td><td></td><td>1</td><td>2</td></tr> <tr><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td></tr> <tr><td>10</td><td>11</td><td>12</td><td>13</td><td>14</td><td>15</td><td>16</td></tr> <tr><td>17</td><td>18</td><td>19</td><td>20</td><td>21</td><td>22</td><td>23</td></tr> <tr><td>24</td><td>25</td><td>26</td><td>27</td><td>28</td><td>29</td><td>30</td></tr> <tr><td>31</td><td></td><td></td><td></td><td></td><td></td><td></td></tr> </table>	S	M	T	W	Th	F	S						1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31							
S	M	T	W	Th	F	S																																														
					1	2																																														
3	4	5	6	7	8	9																																														
10	11	12	13	14	15	16																																														
17	18	19	20	21	22	23																																														
24	25	26	27	28	29	30																																														
31																																																				
AUGUST 2015	6 Professional Dev. & Admin. Organization 7 1/2 Institute Day & 1/2 Teachers' Work Day 10 First Day of School	<table border="1"> <tr><th>S</th><th>M</th><th>T</th><th>W</th><th>Th</th><th>F</th><th>S</th></tr> <tr><td></td><td></td><td></td><td></td><td></td><td></td><td>1</td></tr> <tr><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td></tr> <tr><td>9</td><td>10</td><td>11</td><td>12</td><td>13</td><td>14</td><td>15</td></tr> <tr><td>16</td><td>17</td><td>18</td><td>19</td><td>20</td><td>21</td><td>22</td></tr> <tr><td>23</td><td>24</td><td>25</td><td>26</td><td>27</td><td>28</td><td>29</td></tr> <tr><td>30</td><td>31</td><td></td><td></td><td></td><td></td><td></td></tr> </table>	S	M	T	W	Th	F	S							1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31						8-9 Holiday- Mardi Gras/ Fat Tuesday (Systemwide Holiday) 10 Holiday-Presidents' Day (Systemwide Holiday) 11-12 No Classes (12 month staff works)
S	M	T	W	Th	F	S																																														
						1																																														
2	3	4	5	6	7	8																																														
9	10	11	12	13	14	15																																														
16	17	18	19	20	21	22																																														
23	24	25	26	27	28	29																																														
30	31																																																			
FEBRUARY 2016		<table border="1"> <tr><th>S</th><th>M</th><th>T</th><th>W</th><th>Th</th><th>F</th><th>S</th></tr> <tr><td></td><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td></tr> <tr><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td><td>13</td></tr> <tr><td>14</td><td>15</td><td>16</td><td>17</td><td>18</td><td>19</td><td>20</td></tr> <tr><td>21</td><td>22</td><td>23</td><td>24</td><td>25</td><td>26</td><td>27</td></tr> <tr><td>28</td><td>29</td><td></td><td></td><td></td><td></td><td></td></tr> </table>	S	M	T	W	Th	F	S		1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29													
S	M	T	W	Th	F	S																																														
	1	2	3	4	5	6																																														
7	8	9	10	11	12	13																																														
14	15	16	17	18	19	20																																														
21	22	23	24	25	26	27																																														
28	29																																																			
SEPTEMBER 2015	7 Labor Day (Systemwide Holiday)	<table border="1"> <tr><th>S</th><th>M</th><th>T</th><th>W</th><th>Th</th><th>F</th><th>S</th></tr> <tr><td></td><td></td><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td></tr> <tr><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td></tr> <tr><td>13</td><td>14</td><td>15</td><td>16</td><td>17</td><td>18</td><td>19</td></tr> <tr><td>20</td><td>21</td><td>22</td><td>23</td><td>24</td><td>25</td><td>26</td></tr> <tr><td>27</td><td>28</td><td>29</td><td>30</td><td></td><td></td><td></td></tr> </table>	S	M	T	W	Th	F	S			1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30				17 3 rd Quarter Ends (47 Days) 18 Teachers' Work Day 21 4 th Quarter Begins							
S	M	T	W	Th	F	S																																														
		1	2	3	4	5																																														
6	7	8	9	10	11	12																																														
13	14	15	16	17	18	19																																														
20	21	22	23	24	25	26																																														
27	28	29	30																																																	
MARCH 2016		<table border="1"> <tr><th>S</th><th>M</th><th>T</th><th>W</th><th>Th</th><th>F</th><th>S</th></tr> <tr><td></td><td></td><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td></tr> <tr><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td></tr> <tr><td>13</td><td>14</td><td>15</td><td>16</td><td>17</td><td>18</td><td>19</td></tr> <tr><td>20</td><td>21</td><td>22</td><td>23</td><td>24</td><td>25</td><td>26</td></tr> <tr><td>27</td><td>28</td><td>29</td><td>30</td><td>31</td><td></td><td></td></tr> </table>	S	M	T	W	Th	F	S			1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31										
S	M	T	W	Th	F	S																																														
		1	2	3	4	5																																														
6	7	8	9	10	11	12																																														
13	14	15	16	17	18	19																																														
20	21	22	23	24	25	26																																														
27	28	29	30	31																																																
OCTOBER 2015	9 1 st Quarter Ends (44 Days) 12 Teachers' Work Day 13 2 nd Quarter Begins 26 Statewide Parenting Day	<table border="1"> <tr><th>S</th><th>M</th><th>T</th><th>W</th><th>Th</th><th>F</th><th>S</th></tr> <tr><td></td><td></td><td></td><td></td><td>1</td><td>2</td><td>3</td></tr> <tr><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td></tr> <tr><td>11</td><td>12</td><td>13</td><td>14</td><td>15</td><td>16</td><td>17</td></tr> <tr><td>18</td><td>19</td><td>20</td><td>21</td><td>22</td><td>23</td><td>24</td></tr> <tr><td>25</td><td>26</td><td>27</td><td>28</td><td>29</td><td>30</td><td>31</td></tr> </table>	S	M	T	W	Th	F	S					1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	11-15 Spring Break (School Holidays) (12 month staff works)							
S	M	T	W	Th	F	S																																														
				1	2	3																																														
4	5	6	7	8	9	10																																														
11	12	13	14	15	16	17																																														
18	19	20	21	22	23	24																																														
25	26	27	28	29	30	31																																														
APRIL 2016		<table border="1"> <tr><th>S</th><th>M</th><th>T</th><th>W</th><th>Th</th><th>F</th><th>S</th></tr> <tr><td></td><td></td><td></td><td></td><td></td><td>1</td><td>2</td></tr> <tr><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td></tr> <tr><td>10</td><td>11</td><td>12</td><td>13</td><td>14</td><td>15</td><td>16</td></tr> <tr><td>17</td><td>18</td><td>19</td><td>20</td><td>21</td><td>22</td><td>23</td></tr> <tr><td>24</td><td>25</td><td>26</td><td>27</td><td>28</td><td>29</td><td>30</td></tr> </table>	S	M	T	W	Th	F	S						1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30								
S	M	T	W	Th	F	S																																														
					1	2																																														
3	4	5	6	7	8	9																																														
10	11	12	13	14	15	16																																														
17	18	19	20	21	22	23																																														
24	25	26	27	28	29	30																																														
NOVEMBER 2015	11 Veterans' Day (Systemwide Holiday) 23-27 Thanksgiving Break (School Holidays) (12 month staff work 23-24)	<table border="1"> <tr><th>S</th><th>M</th><th>T</th><th>W</th><th>Th</th><th>F</th><th>S</th></tr> <tr><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td></tr> <tr><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td><td>13</td><td>14</td></tr> <tr><td>15</td><td>16</td><td>17</td><td>18</td><td>19</td><td>20</td><td>21</td></tr> <tr><td>22</td><td>23</td><td>24</td><td>25</td><td>26</td><td>27</td><td>28</td></tr> <tr><td>29</td><td>30</td><td></td><td></td><td></td><td></td><td></td></tr> </table>	S	M	T	W	Th	F	S	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30						30 Memorial Day (Systemwide Holiday) June 1 Students Last Day/4 th Qtr. Ends (47 Days) June 2 Teachers' Work Day/Last Day ** Nov. 25 (12 month Staff Non-Work Day); Dec. 30 (12 month staff Non-Work Day). Any weather make up days will be added to the end of the school year and/or instructional days will be extended.							
S	M	T	W	Th	F	S																																														
1	2	3	4	5	6	7																																														
8	9	10	11	12	13	14																																														
15	16	17	18	19	20	21																																														
22	23	24	25	26	27	28																																														
29	30																																																			
MAY 2016		<table border="1"> <tr><th>S</th><th>M</th><th>T</th><th>W</th><th>Th</th><th>F</th><th>S</th></tr> <tr><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td></tr> <tr><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td><td>13</td><td>14</td></tr> <tr><td>15</td><td>16</td><td>17</td><td>18</td><td>19</td><td>20</td><td>21</td></tr> <tr><td>22</td><td>23</td><td>24</td><td>25</td><td>26</td><td>27</td><td>28</td></tr> <tr><td>29</td><td>30</td><td>31</td><td></td><td></td><td></td><td></td></tr> </table>	S	M	T	W	Th	F	S	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31												
S	M	T	W	Th	F	S																																														
1	2	3	4	5	6	7																																														
8	9	10	11	12	13	14																																														
15	16	17	18	19	20	21																																														
22	23	24	25	26	27	28																																														
29	30	31																																																		
DECEMBER 2015	17 2 nd Quarter Ends (42 Days) 18 Teachers' Work Day 21-31 Christmas Holidays (School Holidays) (12 month staff works 21-23; 28-29)	<table border="1"> <tr><th>S</th><th>M</th><th>T</th><th>W</th><th>Th</th><th>F</th><th>S</th></tr> <tr><td></td><td></td><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td></tr> <tr><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td></tr> <tr><td>13</td><td>14</td><td>15</td><td>16</td><td>17</td><td>18</td><td>19</td></tr> <tr><td>20</td><td>21</td><td>22</td><td>23</td><td>24</td><td>25</td><td>26</td></tr> <tr><td>27</td><td>28</td><td>29</td><td>30</td><td>31</td><td></td><td></td></tr> </table>	S	M	T	W	Th	F	S			1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31			12-Month Employee Holidays July 2 Independence Day Sept. 7 Labor Day Nov. 11 Veterans' Day Nov. 26-27 Thanksgiving Dec. 24-25; 31 Christmas Jan. 1 New Year's Day Jan. 18 MLK Jr. Day Feb. 8-9 Mardi Gras Feb. 10 Presidents' Day May 30 Memorial Day							
S	M	T	W	Th	F	S																																														
		1	2	3	4	5																																														
6	7	8	9	10	11	12																																														
13	14	15	16	17	18	19																																														
20	21	22	23	24	25	26																																														
27	28	29	30	31																																																
JUNE 2016		<table border="1"> <tr><th>S</th><th>M</th><th>T</th><th>W</th><th>Th</th><th>F</th><th>S</th></tr> <tr><td></td><td></td><td>1</td><td>2</td><td>3</td><td>4</td><td></td></tr> <tr><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td></tr> <tr><td>12</td><td>13</td><td>14</td><td>15</td><td>16</td><td>17</td><td>18</td></tr> <tr><td>19</td><td>20</td><td>21</td><td>22</td><td>23</td><td>24</td><td>25</td></tr> <tr><td>26</td><td>27</td><td>28</td><td>29</td><td>30</td><td></td><td></td></tr> </table>	S	M	T	W	Th	F	S			1	2	3	4		5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30										
S	M	T	W	Th	F	S																																														
		1	2	3	4																																															
5	6	7	8	9	10	11																																														
12	13	14	15	16	17	18																																														
19	20	21	22	23	24	25																																														
26	27	28	29	30																																																

WE WELCOME STUDENTS BACK TO SCHOOL MONDAY • AUGUST 10

Parents, please prepare early for a smooth start to a great year of learning.

- Visit our website at www.mcpss.com to find information on
- Registration
 - Immunizations
 - Uniform Policies
 - School Menus
 - Bus Routes

Stay connected and receive weekly updates by liking our Facebook page.

It Starts With Us!



First and Last Day of School
 Teacher Planning/Staff Development/Student Holiday
 Student/Teacher Holidays

JAMS PLUS MEDIA

Fare Thee Well—Celebrating 50 Years of GRATEFUL DEAD (CHICAGO • JULY 03-05)

Written by Rosemary A.W. Roberts



In my five years as a writer/editor for Jams Plus Media, I've written quite a number of reviews, some easier than others; I've got some experience under my belt. But after attending the Fare Thee Well 3-day concert experience in Chicago celebrating 50 years of the Grateful Dead, I was reluctant to write anything. No matter what words I choose, no matter what songs or moments I try to describe, I feel it will not fully do justice to what occurred in Soldier Field July 3-5th 2015, where 70,000 fans gathered to revel in the Music created by one of the most iconic American bands of all time. Having been fortunate to see one Grateful Dead concert in my life (4/7/1995 in Tampa, FL), and then having mourned the loss of the incomparable Jerry Garcia a few months later, it was clear that even if "The Music Never Stopped", it would cer-

tainly never be the same again. When I heard about the 50th Anniversary Fare Thee Well concerts, my first reaction was "That's cool, but I don't really want to go; after all, 'He's Gone', and even though I love Trey Anastasio, it just won't work." Fortunately, my husband Clayton convinced me that if we could score tickets, we should make every effort to go see Mickey Hart, Bill Kreutzmann, Phil Lesh, and Bob Weir one more time, playing the music that changed our lives 20 years ago. Plus, with the talents of Trey Anastasio, Jeff Chimenti, and Bruce Hornsby on board, the lineup was solid, and we should be in for a real good time.

It was my first time in Chicago, and it was amazing to see how welcoming this (continued on next page)

REVIEWS • REVIEWS

JAMS PLUS MEDIA

50 YEARS (continued)

beautiful city was to the Deadhead community descending upon it. The Field Museum had an “Everything is Dead” exhibit which included Tickets-By-Mail envelope art, a rose-crown bedecked dinosaur skull, a variety of memorabilia, and Jerry Garcia’s “Tiger” guitar. The hotel lobbies and hallways played Sirius/XM’s Grateful Dead channel, while Giordano’s delivered their signature deep dish Chicago pizzas in ‘Steal Your Face’ boxes. Upon entering Soldier Field for the first show on July 3rd, we were offered long-stemmed red roses by the staff, as well as full-color program booklets. Large photos of the band members were hung like banners throughout the stadium. An energy of excitement and joy pervaded the crowd as the GA-floor spaces and all levels of the stadium began to fill to capacity. When the band came onstage, the audience erupted in cheer as “Box of Rain” filled the air: how poignant that the



final song played at Jerry Garcia’s final show with Grateful Dead at Soldier Field in 1995 became the starting point for our celebration.

Noteworthy highlights from 7/3/15 included: Bob Weir bringing an unexpected “Passenger” into the first set, Bruce Hornsby’s piano being turned up nicely on “Crazy Fingers” and “Franklin’s Tower”, Trey Anastasio being allowed into the driver’s seat for “Bertha” and drawing Bob into guitar intensity for “The Music Never Stopped”, and the entire second set finding the band firing on all cylinders and sounding fantastic.

Set One: Box Of Rain, Jack Straw, Bertha > Passenger, The Wheel > Crazy Fingers > The Music Never Stopped

Set Two: Mason’s Children > Scarlet Begonias > Fire On The Mountain > Drums > Space > New Potato Caboose > Playing In The Band > Let It Grow > Help On The Way > Slipknot! > Franklin’s Tower

Encore: Ripple

One of the best ways to celebrate Independence Day is with the Grateful Dead, and 7/4/15 held magic beyond compare. By now the band was truly finding a comfortably communicative style, especially in “Tennessee Jed”. With Anastasio on lead vocals for “Standing On the Moon”, I was brought to tears, and the “Lost Sailor > Saint of Circumstance” was phenomenal. This night in particular the Rhythm Devils were on point, as Mickey Hart and Bill Kreutzmann put forth a primal tribe-driving “Drums”. During “U.S. Blues” they showed video footage of the Empire State Building in NYC being lit up in synch with the song, and then a fabulous fireworks show ensued to finish the evening with a bang.

Set One: Shakedown Street, Liberty, Standing On The Moon, Me & My Uncle, Tennessee Jed, Cumberland Blues, Little Red Rooster, Friend Of The Devil, Deal

Set Two: Bird Song, The Golden Road (To Unlimited Devotion), Lost Sailor > Saint Of Circumstance, West L.A. Fadeaway, Foolish Heart, Drums > Space > Stella Blue > One More Saturday Night

Encore: U.S. Blues, (Fireworks Display)

For the final show on 7/5/15, the band left it all on the stage, with an absolutely solid first set from beginning to end; for me, hearing Phil Lesh sing a beautiful “Mountains of the Moon” leading into a true Grateful Dead classic jam was top-notch. Not to be outdone, the second set brought intense rock in “Truckin’”, supreme beauty in “Althea”, tear-jerking tenderness in “Days Between”, and full crowd involvement for “Not Fade Away”. The “Touch of Grey” encore gave us one last nostalgic dose of happiness, and during “Attics” they showed photos of all band members, both past and present, eliciting huge cheers from the crowd.

Set One: China Cat Sunflower > I Know You Rider, Estimated Prophet, Built to Last, Samson and Delilah, Mountains of the Moon > Throwing Stones

Set Two: Truckin’ > Cassidy > Althea > Terrapin Station > Drums > Space > Unbroken Chain > Days Between > Not Fade Away

Encore 1: Touch of Grey, Encore 2: Attics of My Life

In 50 years of Grateful Dead songwriting, concerts, and musicianship: “What a Long Strange Trip It’s Been!”

The musicians on stage in Chicago truly did the Grateful Dead legacy proud, and the audience was supportive throughout, certainly grateful for every song, for every note. Fare Thee Well, Grateful Dead; we love you more than words can tell.

REVIEWS • REVIEWS

**ARE YOU SERIOUS ABOUT STARTING YOUR BUSINESS
Do You Have At Least \$300 In Your Advertising Budget**

Let Us Put You In Steppin' Out For 12 MONTHS



**CALL or EMAIL US:
Steppin' Out (251) 533-5726
steppinoutnews@aol.com**

PMG
PATTERSON MARKETING GROUP, LLC
"CONNECT TO SUCCESS"
A MARKETING, PUBLIC RELATIONS & TRAINING FIRM
SINCE 1991

**CAREER RESUME
SERVICES**

**Don't Forget to Check
Us Out On Facebook**



PROFESSIONAL PACKAGE* - \$100

Resumé
General Interview Questions & Answers

CAREER PACKAGE* - \$150

Resumé
Professional History
Customized Interview Questions & Answers
Career Strategy Evaluation

PREMIUM PACKAGE* - \$225

Resumé
Professional History
Customized Interview Questions & Answers
Career Strategy Evaluation & Recommendation
Communication & Marketing Strategy

*includes hard copy and digital copy.
Customized collateral and printing will incur additional charges.

pattersonmarketinggroup@yahoo.com

P. O. BOX 161216 • MOBILE, AL 36616 • 888.599.5502



Patterson Marketing Group

is a marketing, public relations and training firm that specializes in developing niche opportunities and profitable ventures for entrepreneurs, intrapreneurs and non-profit organizations.

We are former Corporate Directors and Managers with over 35 years of successful corporate experience. We have interviewed and trained over 4,000 personnel (administrative, marketing and sales). We understand the corporate environment, budgets, hiring decisions, motivating factors and recruitment strategies. We will successfully coach you to obtain your career goals.

"Success always comes when preparation meets opportunity."

Call us now for a free evaluation.

The Big Station new PD

E.J. Greig has been tapped to serve as the new Program Director for The Big Station 93BLX. The veteran programmer and air personality brings years of experience to Mobile, owing to his work in Cincinnati, Atlanta, Norfolk, Detroit and Chicago.

Joining the Big Players is a kind of homecoming for E.J. "Early in my radio career I was unhappy with my progression" he said. "So I gave up. I joined the Navy. I was stationed in Pensacola and would listen to WBLX and think, I need to get back in radio!"

In addition to PD duties, Greig will host "E.J. in the Midday" Monday-Friday from 9am-2pm.



E.J. GRIEG
PROGRAM DIRECTOR
The Big Station 93BLX

New Sewer Treatment Plant in South Mobile

With construction of a new sewer treatment plant underway, more than 3,000 residents in the St. Elmo-Irvington area will soon have access to sewer service.

Last month, work began on a \$3.7 million sewer project in St. Elmo-Irvington. It is supported by a grant from the Alabama Department of Environmental Management (ADEM) along with funds provided by the St. Elmo Irvington Water Authority (SEIWA).

"This is a first for us," said Henry Newton, President of SEIWA Board of Directors. "By offering sewer service to the community, we're providing a convenience to our residents and improving the life of St. Elmo-Irvington for years to come."

Plans include a new 30,000 gallon sewer treatment plant to be erected, near the I-10/Exit off Highway 39.

Sewer lines to be placed in the following areas:

- Highway 39 pass the Gibson Road Exit
- Gibson Road to Padgett Switch Road
- Highway 90 East pass Murray Hill Road
- Highway 90 West pass St. Elmo Airport
- Highway 90 South on the Irvington Bayou highway to Half Mile Road
- Highway 39 South down McDonald Road to Highway 90

"This project is an important step in protecting the environment and accommodating future growth, said Mobile County Commission President Jerry Carl, whose district includes St. Elmo-Irvington. "It's definitely a positive incentive to attract new businesses and residents to the area."

The plan will take approximately 9 to 12 months to complete.

Franklin's Twentieth Annual Celebrity Golf Tournament

Franklin Primary Health Centers Twentieth Annual Celebrity Golf Tournament is scheduled for Saturday, August 8, 2015 at the beautiful Magnolia Grove Golf Course. Registration and Breakfast is at 7:15 a.m. and Tee off is at 8:00 a.m. Prizes include 1st, 2nd, 3rd place, closest to the pin and longest drive. Play on a Robert Trent Jones Golf Trail and meet and greet celebrities such as Robert Brazile- Houston Oilers, Vernon Perry- Houston Oilers, Charles Green- Dallas Cowboys, Mardye McDole- Minnesota Vikings, Clifton McNeil- Redskins, 49ers, Browns and Giants, Roosevelt Patterson- Oakland Raiders, and more for a great cause!

Proceeds from this event enable Franklin to continue our mission of providing quality health care to everyone, no matter who they are or what they have.

Corporate, team, hole and individual sponsorships are still available!! To register your team today, contact Kathy Perry at (251) 463-4327.



FRANKLIN PRIMARY HEALTH CENTER, INC.



We are MOVING!

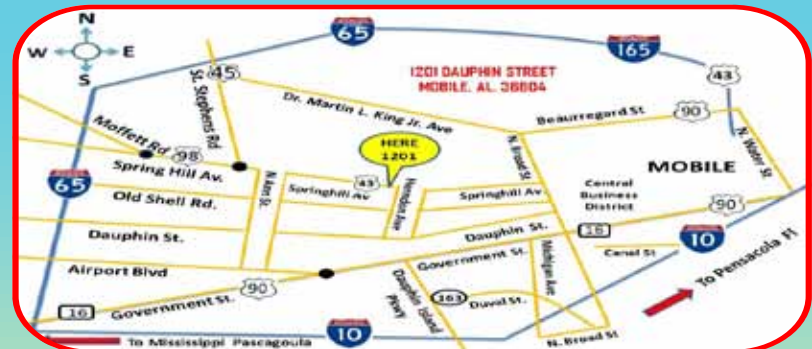
We will be closed
the week of August 3 - 7
to move to our
NEW LOCATION



OPENING August 8, 2015

Monday - Friday 8:00 a.m. - 5:00 p.m.

H. E. SAVAGE MEMORIAL CENTER HEALTH CARE FOR THE HOMELESS



JOIN US FOR AN OPEN HOUSE

ON WEDNESDAY AUGUST 12, 2015 10:00 a.m. – 12:00 p.m.

WE LOOK FORWARD TO SERVING YOU AT OUR NEW LOCATION!

1201 Springhill Avenue Mobile, AL 36604 Tel: (251) 694 - 1801

NATIONAL HEALTH CENTER WEEK August 10 - 16, 2015



Joint Commission
Accredited Since 1998

"Our Primary Concern is You"

www.franklinprimary.org



2015 FOOTBALL SCHEDULES

ALL HOME GAMES ARE CAPITALIZED

NEW ORLEANS SAINTS

PRE-SEASON

A. 13	at Baltimore	6:30 pm
A. 22	NEW ENGLAND	6:30 pm
A. 30	HOUSTON	3:00 pm
S. 03	at Green Bay	6:00 pm

REGULAR SEASON

S. 13	at Arizona	3:05 pm
S. 20	TAMPA	Noon
S. 27	at Carolina	Noon
O. 04	DALLAS	7:30 pm
O. 11	at Philadelphia	Noon
O. 15	ATLANTA	7:25 pm
O. 25	at Indianapolis	Noon
N. 01	N.Y. GIANTS	Noon

N. 08	TENNESSEE	Noon
N. 15	at Washington	Noon
N. 22	BYE	
N. 29	at Houston	7:30 pm
D. 06	CAROLINA	Noon
D. 13	at Tampa	Noon
D. 21	DETROIT	7:30 pm
D. 27	JACKSONVILLE	Noon
J. 03	at Atlanta	Noon



COLLEGIATE GAMES

SOUTH ALABAMA

S. 05	GARDNER WEBB	5:00 pm
S. 12	at Nebraska	7:00 pm
S. 19	at San Diego State	TBA
S. 26	N. CAROLINA STATE	TBA
O. 3	at Troy St.	TBA
O. 13	ARKANSAS STATE	7:00 PM
O. 24	at Texas State	TBA
N. 07	IDAHO	TBA
N. 12	LOUISIANA-LAFAYETTE	6:30 pm
N. 21	at Georgia State	TBA
N. 28	at Georgia Southern	TBA
D. 05	APPALACHIAN STATE	TBA

ALABAMA

S. 05	Wisconsin	7:00 pm
S. 12	MIDDLE TENNESSEE ST.	3:00 pm
S. 19	OLE MISS	8:15 pm
S. 26	LOUISIANA MONROE	TBA
O. 03	at Georgia	TBA
O. 10	ARKANSAS	TBA
O. 17	at Texas A&M	TBA
O. 24	TENNESSEE	TBA
N. 07	LSU	TBA
N. 14	at Mississippi State	TBA
N. 21	CHARLESTON S'THERN	TBA
N. 28	at Auburn	TBA

ALABAMA A&M

S. 05	at Cincinnati	6:00 pm
S. 19	at Prairie View A&M	6:00 pm
S. 26	ARKANSAS PINE BLUFF	1:00 pm
O. 03	at Coastal Carolina	5:00 pm
O. 10	at Grambling State	3:00 pm
O. 17	JACKSON ST	1:00 pm
O. 31	Alabama State	2:30 pm
N. 07	MISS. VALLEY STATE	1:00 pm
N. 14	at Southern	4:00 pm
N. 21	at Alcorn State	2:00 pm
N. 28	TEXAS SOUTHERN	1:00 pm

AUBURN

S. 05	Louisville	2:30 pm
S. 12	JACKSONVILLE ST.	11:00 am
S. 19	at LSU	2:30 pm
S. 26	MISSISSIPPI STATE	TBA

O. 03	SAN JOSE STATE	TBA
O. 15	at Kentucky	6:00 pm
O. 24	at Arkansas	TBA
O. 31	OLE MISS	TBA
N. 07	at Texas A&M	TBA
N. 14	GEORGIA	TBA
N. 21	IDAHO	TBA
N. 28	ALABAMA	TBA

ALABAMA STATE

S. 06	at Tennessee State	6:00 pm
S. 12	ALCORN STATE	6:00 pm
S. 19	GRAMBLING STATE	6:00 pm
S. 26	at Miss. Valley State	6:00 pm
O. 01	at Texas Southern	6:30 pm
O. 10	SOUTHERN	6:00 pm
O. 15	at Arkansas Pine-Bluff	6:30 pm
O. 31	Alabama A&M	2:30 pm
N. 07	at Jackson State	6:00 pm
N. 14	PRAIRIE VIEW A&M	2:00 pm
N. 21	MILES	2:00 pm

JACKSONVILLE STATE

S. 05	at Chattanooga	5:00 pm
S. 12	AUBURN	11:00 am
S. 19	TENNESSEE ST	1:00 pm
S. 26	at UT Martin	2:00 pm
O. 03	MISS. VALLEY STATE	1:00 pm
O. 17	at Tennessee Tech	6:00 pm
O. 24	at Austin Peay State	4:00 pm
O. 31	EASTERN KENTUCKY	1:00 pm
N. 07	at Eastern Illinois	1:00 pm
N. 14	SOUTHEAST MISSOURI	1:00 pm
N. 21	MURRAY STATE	1:00 pm

MILES

S. 06	North Alabama	6:00 pm
S. 12	at West Georgia	6:00 pm
S. 19	WEST ALABAMA	4:00 pm
S. 26	MOREHOUSE	4:00 pm
O. 03	ALBANY STATE	4:00 pm
O. 10	at Central State	12:30 pm
O. 17	KENTUCKY STATE	4:00 pm
O. 24	LANE COLLEGE	4:00 pm
O. 29	at Stillman	5:30 pm
N. 07	at Tuskegee	1:00 pm
N. 21	at Alabama State	2:00 pm

NORTH ALABAMA

S. 06	Miles College	6:00 pm
S. 12	HARDING	6:00 pm
S. 26	MISSISSIPPI COLLEGE	6:00 pm
S. 29	FLORIDA TECH	6:00 pm
O. 03	at Valdosta	1:00 pm
O. 10	at Western Oregon	3:00 pm
O. 17	N. CAR.-PEMBROKE	6:00 pm
O. 24	at West Georgia	1:00 pm
O. 31	DELTA STATE	1:30 pm
N. 07	at Shorter	12:30 pm
N. 14	WEST ALABAMA	1:30 pm

SANFORD

S. 03	CENTRAL ARKANSAS	2:00 pm
S. 12	FLORIDA A&M	2:00 pm
S. 19	CHATTANOOGA	2:00 pm
S. 26	at Louisville	TBA
O. 10	at VMI	12:30 pm
O. 17	THE CITADEL	2:00 pm
O. 24	at Western Carolina	2:30 pm
O. 31	FURMAN	2:00 pm
N. 07	CLARK ATLANTA	2:00 pm
N. 14	at Wofford	TBA
N. 21	at Mercer	TBA

SOUTHERN MISSISSIPPI

S. 05	MISSISSIPPI STATE	9:00 pm
S. 12	AUSTIN PEAY	2:30 pm
S. 19	at Texas State	6:00 pm
S. 26	at Nebraska	11:00 am
O. 03	NORTH TEXAS	TBA
O. 09	at Marshall	6:00 pm
O. 17	UT SAN ANTONIO	6:00 pm
O. 24	at Charlotte	11:00 am
O. 31	UT EL PASO	6:00 pm
N. 07	OPEN	
N. 14	at Rice	2:30 pm
N. 21	OLD DOMINION	2:30 pm
N. 28	at Louisiana Tech	TBA

STILLMAN

S. 05	at West Alabama	6:00 pm
S. 12	CONCORDIA-SELMA	3:00 pm
S. 19	at Albany State	6:00 pm
O. 03	LANE COLLEGE	1:00 pm

O. 10	at Clark Atlanta	1:00 pm
O. 17	at Tuskegee	1:00 pm
O. 24	CENTRAL STATE	3:00 pm
O. 29	MILES	6:00 pm
N. 07	at Kentucky State	12:00 pm

TROY

S. 05	at N. Carolina State	6:00 pm
S. 12	CHARLESTON S'THERN	7:00 pm
S. 19	at Wisconsin	3:30 pm
S. 22	at North Texas	TBA
O. 03	SOUTH ALABAMA	TBA
O. 10	at Mississippi State	TBA
O. 17	IDAHO	TBA
O. 24	at New Mexico State	8:00 pm
O. 31	at Appalachian State	TBA
N. 07	LOUISIANA MONROE	TBA
N. 14	GEORGIA SOUTHERN	TBA
N. 27	at Georgia State	TBA
D. 05	at Louisiana Lafayette	TBA

TUSKEGEE

S. 05	CLARK ATLANTA	1:00 pm
S. 12	at Albany State	3:00 pm
S. 19	WINSTON-SALEM STATE	1:00 pm
S. 26	at Lane	2:00 pm
O. 03	at UNC Pembroke	2:00 pm
O. 10	at Morehouse	2:00 pm
O. 17	STILLMAN	1:00 pm
O. 24	at Kentucky State	1:00 pm
O. 31	CENTRAL STATE	1:00 pm
N. 07	MILES	1:00 pm

WEST ALABAMA

S. 05	STILLMAN COLLEGE	6:00 pm
S. 10	CUMBERLAND	6:00 pm
S. 19	at Miles College	4:00 pm
S. 26	at Texas A&M Kingsville	7:00 pm
O. 03	WEST GEORGIA	2:00 pm
O. 10	at Florida Tech	6:00 pm
O. 17	SHORTER [HC]	2:00 pm
O. 24	at Delta State	6:00 pm
O. 31	at Valdosta State	1:00 pm
N. 07	MISS. COLLEGE	2:00 pm
N. 14	at North Alabama	1:30 pm

THINKING OUTSIDE OF THE BOX



Arthur L. Mack
FREELANCE WRITER
Mobile, Alabama

Contact Info: steppinoutnews@aol.com

The Uncertainty Of Life

Recently, I lost a classmate and neighbor of mine. His death came as a big shock, because a few days before he passed away, I saw him in his yard, working away without a care in the world. His grandchildren had come to visit him, and he was as happy as could be.

I found out by way of another neighbor that he was in the hospital that weekend. Hoping against hope, I was praying for a miracle. Unfortunately, he passed away the day after I found out about his illness, and I learned about it three days later.

There is a point to this—one never knows when a loved one, or for that matter, someone you know—winds up being taken to a better place. Sure, it's tough, but unfortunately, that's the way it is.

On a positive note, at times when we talked, my neighbor/classmate talked about his faith. He felt that his faith in God had brought him through a lot of bad situations, and that that faith allowed him to have a positive attitude on life.

"If I can only be that blessed," I told him, as I related some of the trials and tribulations I went through in my earlier years. But he replied, in his own way, that faith had a way of overcoming any obstacle.

I certainly feel that he was at peace with himself when God called him home. Still, I felt a little bit cheated when I heard he passed away—not to mention still being in a state of total shock and disbelief. To be honest with you, I thought I was dreaming when I learned of his death, and expected to see him out in his yard whenever I was completing a morning run.

Unfortunately, reality can be tough—not to mention cruel. Those who my friend left behind, including family, friends and neighbors, will have to face life without him. They will not only need faith, they will need support.

There is a lesson to be learned from this—tomorrow isn't promised to anybody. That's why if we have the urge to feel miserable, we have to pick ourselves up and live life to the fullest. We also have to embrace friends and loved ones, and give them that attentive ear, because they can be taken away in the wink of an eye.

Sure, in this crazy world we live in, and with all the things we have to deal with, it's hard. But taking a few minutes to talk to a neighbor, or call that relative that you haven't talked to in months—or in some cases, years—could make a big difference in their lives.

So friends, take my word for it—tomorrow isn't promised to anybody. Take that time to reach out to friends and loved ones. Even though there will undoubtedly be shock and sadness when they are gone, at least you have the satisfaction of knowing that you spent some time with them before they were called to a better place. ♣

GET APPROVED!

Let us help you get approved for your next vehicle today!

Credit issues are no issues!

We work with banks that approve buyers with credit problems!

Call Antwain Conner at 251-877-8817



GET APPROVAL for this vehicle now

CARFAX VEHICLE HISTORY REPORTS

POWERTRAIN WARRANTY

Retired Educator Starts New Career

Joaquin Holloway has been a very busy man since retiring from the faculty at the University of South Alabama in 1998. He has found more time to concentrate on photography and that has grown into a business; artistic photographs by Joaquin.

Presently, his photographs are being displayed in many different locations including (but not limited to): the Downtown Mobile Alliance, the Battleship Alabama, the Mobile Convention and Visitors Bureau, the University of South Alabama Foundation Office, the Mobile Regional Airport, the Brookley Aeroplex, the Montgomery Renaissance Hotel, as well as in several local businesses. In addition to numerous art exhibitions in this city and throughout Alabama, his photographs have been included in the décor of homes and offices in this area; plus in neighboring states.

"I am inviting the public to preview some of the numerous "Scenes I've Seen"™ that are currently arranged in my expanding and extensive portfolio," said Holloway. "Photography has been a passion of mine for an extended interval, and selected prints of my visual compositions have been organized in several categories. It is my hope that in the near future the public will want to consider buying some of the many authentic and colorful -- "Scenes I've Seen"™ to enhance the decorative characteristics of their surroundings. Images that illustrate the perceptive acuity of one man, with one camera, utilizing 35mm film as the medium of choice."

To preview Holloway's portfolio, or for more detailed information, please contact: Joaquin M. Holloway, Jr., 251-478-5525 or 251-610-1339. e-mail: joaquinholloway@aol.com

Join the war on obesity with the cookbook that teaches
Delicious recipes that even children can prepare without cooking

"VEGETARIAN SOUL"

A new release from TCB Publishing
by
THEOLA BRIGHT

Join the B-RIGHT Health Club to expand your cook book
call 251 343-8138 for more information

Teaching DVD's \$8 each
— EATING (The RAVE Diet)
— License To Kill (American Pharmacy)
— Food Inc. (Whats's In your food)

Order your autographed copy of this innovative approach to better health by sending in your check or money order for \$20 plus \$5 shipping and handling for each book. Make check payable to:

T C BRIGHT PRODUCTIONS MINISTRY, INC.
Post Office Box 7382
Mobile, Alabama 36670, USA

Name _____
Address _____
City _____ State _____
Zip Code _____ Telephone _____
E-Mails _____

Enclosed is \$ _____ including shipping and handling for _____ book(s)/CD's.
Please autograph my book(s) to read as follows: See on back of this form





STEPPIN' OUT



Like us on
facebook

MFD Promotes Four Fire Captains

Public Safety Director Richard Landolt and Assistant Fire Chief Billy Pappas have announced today the promotions of four Fire Captains to the position of Fire District Chief.



Philip Ballard • 37

Ballard has been with the department for over 17 years. He is a Paramedic, has a Bachelor of Science in Human Resource Management and a Masters in Public Administration.



Jack Busby • 47

Busby has been with the department for over 15 years. He is a Paramedic and has a Bachelor of Science in Healthcare Administration.



Dwayne Penn • 43

Penn has been with the department for over 19 years. He has a Bachelor of Science in Criminal Justice.



John Pitt • 48

Pitt has been with the department for over 25 years. He is a Paramedic and has a Bachelor of Science in Occupational Safety and Health/ Fire Science.

Full Service Burial or Cremation

Custom Arrangements

Specialists in Military Honors

Pre-Need Planning

Pricing to fit any need

National Shipping

Grief Counseling

Accepting All Insurance

Post-Funeral Assistance with filing of Insurance Claims, Social Security & Veterans Benefits, Legal Certificates & Permits

Proud to Serve

CB
FH **Christian Benevolent**
FUNERAL HOME, INC.

251-432-6528

www.christianbenevolent.com



CALENDAR

August 2015

MOBILE

CONCERTS

Floetry-Saenger Theater, 8/4
 Roman Street, The Mulligan Brothers-Saenger Theater, 8/6
 Rollin' In The Hay-Legacy Bar & Grill, 8/7
 PHILO-Legacy Bar & Grill, 8/14
 Andy T - Nick Nixon Band-Blues Tavern, 8/15
 The Stolen Faces-Soul Kitchen, 8/14
 The Punknecks-Alchemy Tavern, 8/16
 The Boxmasters-Soul Kitchen, 8/16
 Jimmy Needham-University of Mobile, 8/18
 John Hiatt, Taj Mahal-Saenger Theater, 8/22

Todd Rundgren-Saenger Theater, 8/24
 JP Soars and The Red Hots-Blues Tavern, 8/27
 Mark Dillon Band-The Brickyard, 8/28
 The Molly Ringwalds-Soul Kitchen, 8/29

MUSEUMS

—Explorem

Hands on Hall; ON-GOING
 Minds on Hall; ON-GOING
 Science Lab (Ciba Lab); ON-GOING
 Wharf Wonder; ON-GOING

—Fort Conde

Historic Fort Founded in 1702, Moved to Mobile in 1711; ON-GOING

—Museum of Art

Material Imaginings, ON-GOING

—Museum of Mobile

Old Ways, New Days Part I and II, ON-GOING
 Walls and Halls, ON-GOING
 CSS Alabama Cannon, ON-GOING

—Phoenix Fire Museum

Steam Engines, Motorized Vehicles, Gallery; ON-GOING

ATLANTA

CONCERTS

Joe, Ruben Studdard, Mystikal, Donell Jones, Adina Howard, Griff-Wolf Creek Amphitheater, 8/1
 Phish-Lakewood Amphitheater, 8/1
 Shania Twain, Gavin DeGraw-Phillips Arena, 8/1
 Jill Scott-Chastain Park Amphitheater, 8/2
 Nicki Manaj, Meek Hill, Rae Sremmurd, Tinashe, Dej Loaf -Lakewood Amphitheater, 8/2
 Merle Haggard-Buckhead Theatre, 8/2
 Counting Crows-Chastain Park Amphitheater, 8/3
 Chicago, Earth, Wind & Fire-Lakewood Amphitheater, 8/4
 Donald Lawrence, Yolanda Adams, Dorinda Clark-Cole, Ricky Dillard, Dewayne Woods, Tasha Page-Lockhart, Sylvia "Small Fire" Moore-Georgia World Congress Center, 8/9
 Third Day-Turner Field, 8/9
 Steely Dan, Elvis Costello-Chastain Park Amphitheater, 8/9
 Culture Club-Fox Theatre, 8/12
 Brian Culbertson, Robert Gasper Experiment-Chastain Park Amphitheater, 8/15
 Johnny Gill, Guy, Ginuwine-Wolf Creek Amphitheater, 8/15
 Peter Frampton, Cheap Trick-Brown Amphitheater, 8/15
 Englebert Humperdinck-Woodruff Arts Centre, 8/16
 Motown The Musical-Fox Theatre, 8/18-23
 Alabama Shakes-Verizon Amphitheater, 8/21
 John Hiatt, Taj Mahal-Atlanta Botanical Gardens, 8/21
 Lyle Lovett-Chastain Park Amphitheater, 8/21
 Luke Bryan, Randy Houser, Dustin Lynch-Phillips Arena, 8/21-22
 Air Supply-Chastain Park Amphitheater, 8/22
 Melissa Etheridge-Atlanta Botanical Gardens, 8/22
 Yes, Toto-Verizon Amphitheater, 8/22
 Gallagher, Artie Fletcher, Bob Nelson -Variety Playhouse, 8/28
 Rick Springfield, Loverboy, The Romantics-Chastain Park Amphitheater, 8/29
 Keb' Mo'-Woodruff Arts Centre, 8/29
 Rob Thomas-Chastain Park Amphitheater, 8/30
 Sugar Ray, Better Than Ezra, Eve 6, Uncle Kracker -Chastain Amphitheater, 8/26
 Motley Crue, Alice Cooper, The Cringe-Phillips Arena, 8/30

BILOXI

CONCERTS

The Molly Ringwalds-Golden Nugget, 8/1
 The Chee Weez-Hard Rock Live, 8/1
 Rodney Atkins-IP Casino, Resort & Spa, 8/1

The Commodores-IP Casino, Resort and Spa, 8/7
 Peter Frampton, Cheap Trick-Beau Rivage, 8/14
 Ronnie Milsaps-IP Casino, Resort & Spa, 8/15
 Melissa Etheridge-IP Casino, Resort & Spa, 8/21
 Yes, Toto-Beau Rivage, 8/21
 Brandon Bennett-Hard Rock Live, 8/21
 Kenny Rogers-Harrah's, 8/22
 Boys II Men-IP Casino, Resort & Spa, 8/29

BIRMINGHAM

CONCERTS

Jill Scott-BJCC Concert Hall, 8/1
 Macy Gray-WorkPlay Soundstage, 8/13
 Tim McGraw, Billy Currington, Chase Bryant -Oak Mountain Amphitheater, 8/14

FAIRHOPE

CONCERTS



SUGARCANE JANE-Fairhope Brewing, 8/27

GULF SHORES

CONCERTS

Sugarcane Jane-Lulu's, 8/1
 Lefty Collins-Lulu's, 8/4
 Rollin' In The Hay-Plow, 8/8
 Sugarcane Jane-Lulu's, 8/22

NEW ORLEANS

CONCERTS

Lil' Wayne, Juvenile, Mannie Fresh-Champion Square, 8/28
SPORTS: FOOTBALL
 Saints vs. New England Patriots-Superdome, 8/22
 Saints vs. Houston Texans-Superdome, 8/30

OCEAN SPRINGS

CONCERTS

Chico and Chris-Castaway's, 8/7
 Voo Davis-The Julep Room, 8/14
 Chico and Chris-Castaway's, 8/28-29

ORANGE BEACH

CONCERTS

The Stolen Faces-The Flying Harpoon 2, 8/13
 Whyte Caps-Cobalt, 8/17
 MissUsed-Live Bait Too, 8/20-23

PASCAGOULA

CONCERTS

Sugarcane Jane-Jack's, 8/20
 Fat Man Squeeze-Jack's, 8/28

PENSACOLA

CONCERTS

10 Years, Nonpoint, The Family Ruin, Awaken The Empire -Vinyl Music Hall, 8/1
 Chilled Monkey Brains, Zach Deputy-Escambia County Equestrian Center, 8/1-2
 Kate Keys-Flounders, 8/2
 Precubed, Chris Staples, Lemolo-Vinyl Music Hall, 8/4
 Dillon Cooper, Raekwon, Ghostface Killah-Vinyl Music Hall, 8/5
 Shuggie Otise-Vinyl Music Hall, 8/6
 King Conquer, Here Comes The Kraken, Adaliah, Dealey Plaza, Enterprise Earth-The Handlebar, 8/9
 Gar Gar-Sluggo's, 8/13
 SoMo-Vinyl Music Hall, 8/13
 Eric Lindell-Vinyl Music Hall, 8/15
 The Punknecks-The Handlebar, 8/17
 Shai Hulad, Lions Lions-Vinyl Music Hall, 8/17
 Cedric Burnside Project-Vinyl Music Hall, 8/21
 Nashville Pussy, Valient Thorr-Vinyl Music Hall, 8/22
 J. Roddy Walston And The Business-Vinyl Music Hall, 8/25
 Fear Factory, Once Human, Before The Mourning, The Bloodline-Vinyl Music Hall, 8/29
 Kate Keys-Flounders, 8/30

TUSCALOOSA

CONCERTS

Phish-Amphitheater, 8/2
 Alabama Shakes, Drive-By Truckers-Amphitheater, 8/20 ♣

Ask Flo!



DEAR FLO,

Question: I am heart-broken with what's going on in the world these days. It seems like everyday is filled with bad news. We don't seem to like each other much and it seems that we are out to harm each other on every level. How am I suppose to keep a happy heart in the midst of all this sadness. #shootings #SandraBland #war
—Disgusted

DEAR DISGUSTED,

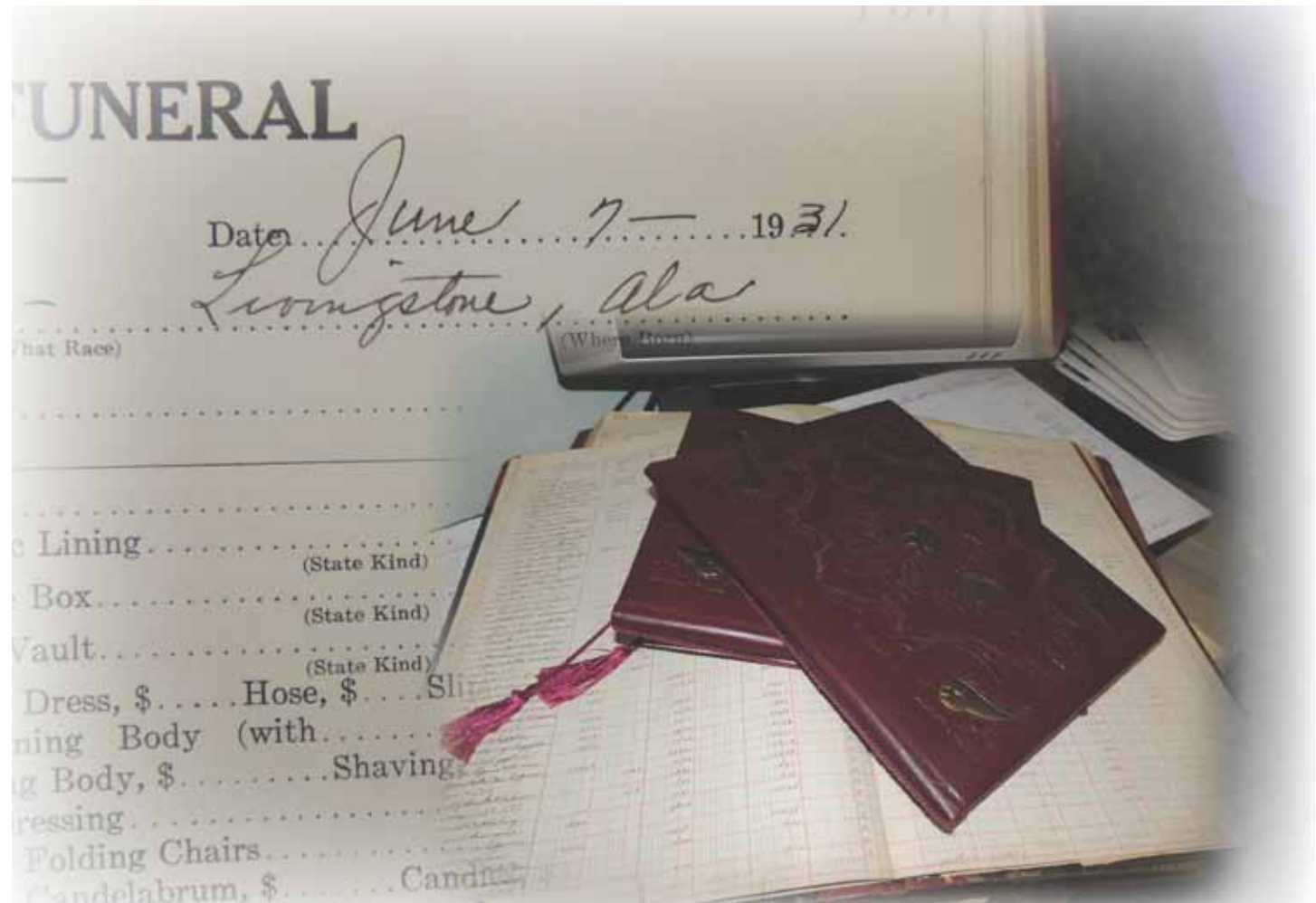
I too have a heavy heart in these times. But just when you think all things are dark, something happens to inspire you and give you a little hope. This morning I decided to stop at the grocers before going into work. While I was standing in line the guy in front of me (who was purchasing sports drinks and water) asked the cashier to ring up some ice. The cashier asked "you must have a long day in the sun?" the guy replied "me and the crew are working down the street, thought we would need something cold today in this heat". With pain in her eyes she said, "It's nice to see a boss who cares"; "I'm not the boss just one of the crew" he replied as he walked away. My heart jumped, I looked at the cashier and said "it only takes those who care to care."

It seems that we are all waiting on someone else to be the change that we need in our country, community, and even in our own homes. I would suggest that you be your own change. Set the mark of love, hope, and forgiveness. Turn off the TV, stopping listening to naysayers; surround yourself with positive people doing positive things. It doesn't matter if its as small as cold drinks on a hot day. The realm of happy begins when good things happen to you. I've found that I feel better when I do something for someone else. Be the light in darkness. I am praying with you for our country and our immediate community but I am also going to do something good just for the good of it. Join me. ♣

DO YOU HAVE QUESTIONS FOR FLO?
steppinoutnews@aol.com

Christian Benevolent: Proud to Serve

by Indigoblu



The Family Planning Room at Christian Benevolent Funeral Home (CBFH) is more than just wallpaper, flowers, glass tables, chairs and bookcases displayed with a hint of southern charm. It's a place where families come together to share memories and make plans to honor their loved ones.

Upon entry into the family planning room, you immediately notice the bookcase filled with journals. They are not the most visually appealing, the hardback covers with tattered edges, the inside pages have frayed and turned yellow and the blue text which fills those pages are slightly blurred, but legible from years of exposure to light.

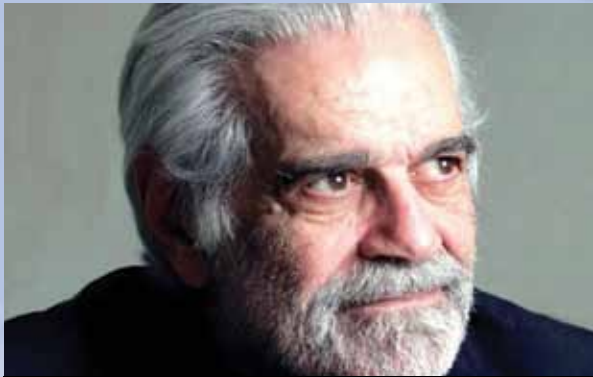
The question may arise as to why one would keep old journals around the office. "They hold history, the history of CBFH - Serving families since 1928, states Beverly Cooper, CBFH, vice-president. "The tagline is more than a catchy phrase, it's what we do. "We're proud to serve."

Service to others is how Frances Sheard would describe CBFH. "I've known about Christian Benevolent since the 1940's, states Frances Sheard, "My mother had insurance with Christian Benevolent. They have helped my family in our darkest hours and helped the community as well." Sheard further mentions that no matter where her family lives, they all agree that their final resting place will be in Mobile, Alabama and Christian Benevolent will handle the arrangements. "That's just how much we value them and our family wouldn't have it any other way," states Sheard.

CBFH has been a staple of the community, particularly the African-American community for nearly 87 years. In fact, they were one of few businesses in the Mobile area to provide funeral services african-americans, according to Cooper.

As result of performing thousands of funerals over the years, CBFH has accumulated records dating back to the early 1930's. "We constantly receive requests from the public researching their family history, states Cooper. "During those times, records on African -Americans were not considered priority, Cooper said. Because we've been around for years, our service to others have proven to be a resource to the community. "Our records may help someone find answers about their heritage and our services help families find comfort when they need it most."

JULY 2015 PASSINGS



OMAR SHARIF-83 • ACTOR • Heart Attack



VAN ALEXANDER-100
SONGWRITER/ARRANGER
A-Tisket A-Tasket; I Dream
of Jeannie; Bewitched
-Heart Failure



BILL ARNSPARGER-88
FOOTBALL COACH
NFL Giants; LSU
Heart Attack



D'ARMY BAILEY-73
FOUNDER OF THE NATIONAL
CIVIL RIGHTS MUSEUM
Cancer



SANDRA BLAND-28
SOCIAL ACTIVIST
Died in Police Custody



GEORGE COE-86
ACTOR



RICK DUCOMMUN-62
ACTOR
Diabetes



ALBERT EVANS-46
BALLET DANCER



BLAINE GIBSON-97
ANIMATOR/SCULPTOR
Bambi; Peter Pan
Alice in Wonderland



JANE BRIGGS HART-93
AVIATOR
Mercury 13
Alzheimer's Disease



ALAN KUPPERBERG-62
ARTIST
Spider Man; Thor; Iron Man
Thymus Cancer



TONY LONGO-53
ACTOR
Eraser



ERNIE MARESCA-76
SINGER
Runaround Su; The Wanderer



MICHAEL MASSER-74
SONGWRITER
Saving All My Love for You
Theme from Mahogany
Stroke



LOREDANA NESCI-47
LAWYER
The View
Shot



BETSY PALMER-88
ACTRESS
I've Got a Secret



ALEX ROCCO-79
ACTOR
The Godfather
Cancer



CHARLIE SANDERS-68
NFL
Detroit Lions
Cancer



BURT SHAVITZ-80
CO-FOUNDER OF BURT'S BEES



KEN STABLER-69
NFL
Oakland Raiders
Colon Cancer



MORRIS WILKINS-90
INVENTOR
Heart-Shaped Bathtub

EXPRESSIONS: RIGHT OR WRONG

Lisa Johnson — A Poet and Writer who lives in Mobile



Do you have someone in your life that you admire and aspire to imitate? There are a lot of great men and women who have paved the way so that others might be able to achieve bigger and greater things. A great deal of hard work, time, energy, and monies have been raised and saved in order to show others that dreams can be realized if an individual chooses to stay the course and persevere. One individual that comes to my mind has touched the lives of many. He was self-sacrificing, patient, kind, and was never a glory seeker. Often times today when people achieve to a higher status, they want others to know and recognize them for their achievements. The man I'm speaking of charged others not to tell of the great things that he did for them. He never called attention to himself. He even performed a menial task that others considered lowly. Nothing was beneath him to do, so that when he asked others to follow him, they could proudly and without reserve do so because he himself took the imitative in demonstrating how such things were to be done. He wasn't born with a silver spoon in his mouth. In fact he was born to family of little means, so he knew what it was like to be poor and his step-father taught him the trade of being a carpenter that he gladly learned. He was no stranger to hard work. He always put others needs ahead of his own.

When was the last time that you thought of someone else's needs? Have you ever been so tired and couldn't wait to get home to relax and wind down? When you've had a busy day, the last thing on your mind is to help someone else because all you could think about is resting. Well, this individual had also planned to retire and rest up a bit but when he saw others in need of his attention, he unselfishly came to their aid. Can we say that about ourselves? Do you find yourself lashing out on others when you're tired and frustrated? I would like for you to take some time out and ponder what this world would be like if everyone sought to imitate this man who is none other than Jesus Christ. If we can strive to be like imperfect men/women how much more so should we be strive to be like Jesus who by the way imitated his Father! (1 Peter 2:21; Luke 2:21-24; Luke 9:58; Matthew 12:15-19; Mark 6:31-34; John 8:28, 29; 13:1-16; 14:28; Hebrews 4:15) ♣

2015 Summer Reading Program WINNERS

The top over-all summer reading winners and their families attended an awards ceremony on July 14 where Council President Tommie Conaway was on hand to congratulate and present the awards.

TEEN DIVISION WINNERS

1ST PLACE

Michael Hornsby,

2ND PLACE

Christopher Conger,

3RD PLACE

Sam Ritterbusch

HONORABLE MENTION

Brady O'Neal



PHOTO (left to right) — Sam Ritterbusch, Daphne City Council President Tommie Conaway, Brady O'Neal and Michael Hornsby.

Ruth's
THRIFT & GIFTS

Hats • Purses • Shoes

Clothing:
Plus • Petite, • Misses
Men & Kids

Jewelry • Avon • & More

OPEN SATURDAYS
10 AM-7 PM

140 SOUTH SAGE AVE. SUITE C • 251-802-9194

THIS IS AN ADVERTISEMENT

HANDS OF LIFE
CHIROPRACTIC & REHAB CENTER

REACH FOR THE HANDS OF LIFE

DR. CARTER SMITH D.C. & **DR. STACY CAMERON D.C.**

CAR ACCIDENTS?
LOW BACK PAIN?
HEADACHES
WE CAN HELP!

NEW LOCATION IN MIDTOWN
2056 DAUPHIN ST.
(AT CORNER OF DAUPHIN AND FULTON)

CALL US TODAY FREE CONSULTATION: 251.447.2142

Hands of Life Chiropractic & Rehab Center • 2056 Dauphin St. • Mobile, AL 36606 • 251-447-2142

MARKETING YOUR WAY TO SUCCESS

NATHANIEL PATTERSON...Managing Partner, The Patterson Group.
He writes to empower people with effective marketing strategies that increase business development, awareness and enhance personal lifestyles.
To contact Patterson, call 888.599.5502 or view his new blog
"Connect To Success" <http://nathanielpatterson2.wordpress.com/>



Twelve Tips for Starting Your Career

In African-American culture the art of storytelling kept us connected, educated and informed. With technology this art has lost its luster, except for a few practicing professionals. August article is a plea for adept professionals to share their experiences, especially career, with our youth.

My better half, the consummate professional, Tenaysha Carroll, MBA, MSHRM, Ph.D. and I developed several quick points to enhance career development for our youth. Let's file this article under, Career Marketing.

GUIDANCE—Seek not only a career counselor but a mentor to assist you in deciding on a career. Conduct your research, identify sectors that will provide a quality of life and you have a passion for.

MENTORSHIP—Don't try to do it alone. There are professionals who want to see you succeed.

RELATIONSHIPS—The single most important factor for opening doors. Learn effective networking and how to build positive relationships.

PERCEPTION—Select three words that you want professionals to think of you. Develop this perception via attire, articulation, body language, grooming, achievements and outcomes.

DELIVERY—Excellence is the best YOU can be. Commit to deliver excellence consistently.

KNOWLEDGE—Acquire the proper training, certifications and/or degrees for your area of interest.

EARLY CAREER—Volunteer, work internships and start micro-businesses to gain experience and soft skill development. Do not forget to obtain recommendations.

SOFT SKILLS—Mastery of soft skills is very important to team building, relationships and productivity. Proficiency in this sector will increase your value tremendously.

THE PACKAGE—Every industry has standards: keywords, portfolios, resumes etc... Research and understand before you graduate. On resumes, build value by utilizing numbers, statistics, achievements, technology and volunteer skills.

INTERVIEW—Practice your interview skills. Do your homework, ask questions and be professional.

EVALUATE—Take time to honestly evaluate your journey. Be prepared to expunge anything that does not represent your excellence.

INCOME STREAMS—Be wise and do not rely on one source for your income. You may want to consider two jobs and/or a micro-business. ♣

LIKE
US ON
FACEBOOK



LAUGHTER

JUST ASKIN'???

Willie Mae comes home after a shopping trip, and she's horrified to see Leroy, her husband in bed with a young woman. She's about to storm out of the house, and Leroy says "But I can explain, dear. As I was driving home I saw this poor and tired-looking creature standing by the road, so I offered her a ride. She said she was hungry, so I brought her to our home and fed her some of your leftover pot roast. Her shoes were completely worn out, so I gave her a pair of yours that you don't wear because they're out of style. She was cold, so I gave her your new birthday sweater you never wear because you say the color doesn't suit you. Her slacks were tattered, so I gave her a pair of yours that don't fit you anymore. Then, just as she was about to leave our house, she stopped and asked me, 'Is there anything else your wife no longer uses???'

AIN'T THAT EASIER???

Bobby Joe passed away and Bubba called 911. The 911 operator told Bubba that she would send someone out right away. "Where do you live?" asked the operator. Bubba replied, "At the end of Eucalyptus Drive." The operator asked, "Can you spell that for me?" After a long pause, Bubba said, "How 'bout I drag her over to Oak Street and you pick her up there???"

AT LEAST THEY'RE LISTENING!!!

Leroy is a doctor at an insane asylum and he decided to take his patients to a baseball game. For weeks in advance, he coached his patients to respond to his commands. When the day of the game arrived everything went quite well. As the National Anthem started, Leroy yelled, "Up Nuts", and the patients complied by standing up. After the anthem, he yelled, "Down Nuts", and they all sat back down in their seats. After a home run was hit, Leroy yelled, "Cheer Nuts" They all broke out into applause and cheered. When the umpire made a particularly bad call against the star of the home team, Leroy yelled, "Booooo Nuts" and they all started booing and cat calling. Comfortable with their response, Leroy decided to go get a beer and a hot dog, leaving his assistant in charge. When he returned, there was a riot in progress. Finding his assistant, Leroy asked, "What in the world happened?" The assistant replied, "Well everything was going just fine until this guy walked by and yelled, "PEANUTS!!!"

TRUTH!!!

A turkey was chatting with a bull. "I would love to be able to get to the top of that tree," sighed the turkey, "but I haven't got the energy." "Well, why don't you nibble on some of my droppings?" replied the bull. "They're packed with nutrients." The turkey pecked at a lump of dung and found that it actually gave him enough strength to reach the first branch of the tree. The next day, after eating some more dung, he reached the second branch. Finally after a week, there he was proudly perched at the top of the tree. Soon he was promptly spotted by a farmer, who shot the turkey out of the tree. Moral of the story: BS might get you to the top, but it won't keep you there!!!

FM WORKIN'!!!

Willie Mae was on the phone to her friend; "Girl, I feel like my body has gotten totally out of shape, so I got my doctor's permission to join a fitness club and start exercising.... I decided to take an aerobics class for seniors. I bent, twisted, gyrated, jumped up and down, and perspired for an hour. But, by the time I got my leotards on, the class was over"!!! ☺

LEGACY 166 presents...

JAZZ N' JUICE MUSIC SERIES (Part 3)

An Evening With
DAVID JONES

Special Guest Ike Johnson



SEPTEMBER 12, 2015 @7:30 PM
Battle House Hotel

\$25 ADMISSION

MOBILE TICKET OUTLETS:

Mobile BayKeeper (450 Government Street)

Ozanam Pharmacy (571 Dauphin Street)

Penelope's Closet (63 N. Florida Street)

FOR MORE INFORMATION CONTACT LEGACY 166 : (251) 533-5726 -OR- www.legacy166.com